



Trident Sports
Events



prepared by :

**Trident Sports
Events**

RIDER PACK

Low Farm Park Sportive
**formerly Grange Spa Sportive*



LOW FARM PARK

Touring & Camping

7TH JUNE '26



Trident Sports
Events



prepared by :
**Trident Sports
Events**

BRAND PARTNERS

THE CATERING CREW

Bringing you the awesome food on the day are The Catering Crew.

The Catering Crew founders have known each other professionally and socially for more than 10 years, developing unique, tantalising dishes that are worthy of any high-end Bistro or restaurant.

Our business philosophy is straightforward "be better, be realistic and to always be human". We're one of the few outside caterers with a full in-house skill base, allowing us to develop and manufacture all our catering and retail products in house. Interestingly, our retail range originated from numerous requests at catering events to make our sauces, preserves and patisserie available for purchase.

Procuring raw ingredients that have been carefully grown, harvested at the correct stage of ripeness, packed and transported to arrive in peak condition is not as simple as it sounds. Consequently, our fresh ingredients come from specialist, family run businesses painstakingly researched throughout Britain to deliver the best possible start for our products and events.

We believe, as our clients state, that we offer a distinct step up in culinary quality and personal service, because we pay attention to the details and as you would expect, we are fully licenced to serve and sell alcoholic beverages and products.

<https://www.cateringcrew.catering/>



LOW FARM PARK

Touring & Camping



Trident Sports
Events



prepared by :
**Trident Sports
Events**

INTRODUCTION

Your ride is nearly here!

This rider pack contains everything you need to know; from how to get here to timings on the day! Please take some time to familiarise yourself with the details now to ensure you have a brilliant day. Before we get too far into the details, we want to encourage you all to download the **'What Three Words'** app. It is available on both Android and IOS and is used widely by emergency services and us at all events. It is simply the easiest way to find and share exact locations.

If you have any questions before the day, please don't hesitate to contact the Trident team who are always more than happy to help. Details of how to do this are at the end of this pack.

On the day we have a dedicated emergency number 07815 324735

We love hearing how your training has been going and any stories/successes you have along the way. No matter how big or small we encourage everyone to connect with our fast-growing community of like minded individuals using #TridentSportsEvents and tagging us @TridentSportsEvents.



LOW FARM PARK

Touring & Camping



Trident Sports
Events

VENUE

For those of you who haven't been to this location you're in for a treat!

The Low Farm Park Sportive will be based at the fantastic Low Farm Park, Folkingham. Set within the beautiful Lincolnshire countryside, this family-run venue provides the perfect setting for a day of cycling, with excellent facilities, plenty of space, and a welcoming atmosphere for riders and supporters alike.

As you arrive on site, our team will direct you to the designated event parking areas. Registration, the start/finish area, catering, event village and rider facilities will all be located on the main event field, just a short walk from the parking area.

One of the exciting benefits of our new venue is the opportunity for riders and supporters to turn the event into a full weekend experience. Camping and touring pitches are available directly through Low Farm Park, allowing participants to stay on site before and after the event and enjoy everything the venue has to offer.

For those wishing to freshen up after their ride, shower facilities will also be available on site.

prepared by :

**Trident Sports
Events**



LOW FARM PARK

Touring & Camping



Trident Sports
Events

VENUE

Due to the nature of the venue layout and access roads, vehicle and cyclist movements will be carefully managed throughout the day to ensure the safety of all participants, spectators, volunteers and staff.

Please follow all instructions given by event marshals at all times.

These measures form an important part of our event safety plan and help us deliver a safe and enjoyable experience for everyone.

We are delighted to be working with the team at Low Farm Park and look forward to welcoming you to the new home of the Low Farm Park Sportive.

Please see below the site map to explain the location of the event HQ.



prepared by :
**Trident Sports
Events**



LOW FARM PARK

Touring & Camping



Trident Sports
Events



prepared by :
**Trident Sports
Events**

GETTING TO LOW FARM PARK

Please plan your journey carefully and check the Highways Agency tools for planned closures, roadworks or expected traffic. Trident Sports Events also encourage you to car share where possible to limit the environmental impact of our events.

The event venue is:
Low Farm Park
Spring Lane
Folkingham
Sleaford
NG34 0SJ

What3Words: [///cookie.spoons.belt](https://www.what3words.com/cookie.spoons.belt)

Please note that Low Farm Park is an active campsite and holiday park. To allow the venue team and Trident staff sufficient time to prepare the site, the event car park will open at 6:30am.

Please do not arrive before this time.

As you approach Folkingham, please follow event signage and marshal instructions rather than satellite navigation for the final approach. On arrival, you will be directed into the designated event parking areas.



LOW FARM PARK

Touring & Camping



Trident Sports
Events



prepared by :

**Trident Sports
Events**

GETTING TO LOW FARM PARK

Registration, the start/finish area, catering village, showers and event facilities are all located within a short walk of the parking areas.

Due to the layout of the venue and the shared access routes used by vehicles, cyclists and pedestrians, movement around the site will be carefully managed throughout the day. This forms an important part of our event safety plan.

All riders, spectators and supporters must follow marshal instructions at all times. Please be patient when arriving, parking or leaving the venue, as temporary restrictions on vehicle movements may be in place while riders are starting, finishing or moving through key areas of the site.



LOW FARM PARK

Touring & Camping



Trident Sports
Events

SCHEDULE OF EVENTS

4-6am – Route checks completed

**6:30am Car Park Opens &
Registration Opens**

**7:00am – Mass Start:
Long Route (87 miles)**

**8:00am - Car park open for medium
riders**

**9:30am – Mass Start:
Medium Route (55 miles)**

9am - AID STATION OPEN

**10:00am - Car park open for short
riders**

**11:45am – Mass Start:
Short Route (22 miles)**

**11:30am – Cut off for 87-milers
heading out on to western loop**

1:30pm – Food service will begins

**3:00pm – Buckminster Aid Station
closes.**



prepared by :
**Trident Sports
Events**



LOW FARM PARK

Touring & Camping



SPORTIVE SCHEDULE

START TIME

LONG ROUTE

7:00

MEDIUM ROUTE

9:30

SHORT ROUTE

11:45



Trident Sports
Events



BRAND PARTNERS



ADE POTTS – THE BIKE FITTERS

We're delighted to welcome Ade Potts and The Bike Fitters as a supporter of the Low Farm Park Sportive.

Covering Lincolnshire, Peterborough, Grantham, Boston, Stamford, Oakham, Sleaford and the surrounding areas, Ade combines years of cycling experience with specialist training through The Bike Fitters' accredited TBF Fit System. Whether you're a sportive rider, club cyclist, triathlete or simply enjoy getting out on two wheels, a professional bike fit can help improve comfort, performance and reduce the risk of injury.

Ade understands first-hand the importance of being comfortable and efficient on the bike. His mobile fitting service brings professional bike fitting technology directly to riders, eliminating the need to travel while delivering a personalised service tailored to each cyclist's needs.

The Bike Fitters work with all types of bikes, including road, gravel, triathlon, time trial and indoor training bikes, helping cyclists achieve the perfect riding position for their goals. Their focus is built around three key principles:

Comfort. Performance. Safety.

The entire Trident Sports Events team would like to thank Ade for his support of the Low Farm Park Sportive and the wider cycling community.

prepared by :
**Trident Sports
Events**



LOW FARM PARK

Touring & Camping



Trident Sports
Events



prepared by :
**Trident Sports
Events**

REGISTRATION / TOILETS / SHOWERS

Registration will open from 6:30am and will remain open throughout the morning. Please allow sufficient time to park, collect your rider pack and prepare for your ride before your route start time.

At registration you will receive:

- Your rider number
- Emergency contact information
- Any final event updates

If you have entered online, there is no need to bring proof of entry unless specifically requested by the event team.

TOILETS & SHOWERS

Toilet and shower facilities are available on site at Low Farm Park for all participants to use free of charge.

The facilities are located a short walk from the main event field and are clearly marked on the site map included within this rider pack. Please help us keep the facilities clean and tidy throughout the day by respecting other users and disposing of any litter responsibly.



LOW FARM PARK

Touring & Camping



Trident Sports
Events



prepared by :
**Trident Sports
Events**

IMPORTANT

Due to the nature of the venue layout and access roads, vehicle and cyclist movements will be carefully controlled throughout the day. Please follow all marshal instructions when arriving, moving around the site and preparing for your start.

To help ensure a safe event environment, each route will have a dedicated mass start time:

Long Route (87 miles) – 7:00am

Medium Route (55 miles) – 9:30am

Short Route (22 miles) – 11:45am

Please ensure you arrive with plenty of time to register and be ready for your allocated start.

BEFORE THE START

Before making your way to the start area please ensure:

- ✓ Your rider number is securely attached to your bike.
- ✓ You have sufficient food, drink and equipment for your chosen distance.
- ✓ Your bike is in a safe and roadworthy condition.
- ✓ Your helmet is fitted correctly and securely fastened.
- ✓ You have listened to any instructions issued by the event team.



LOW FARM PARK

Touring & Camping



Trident Sports
Events



prepared by :

**Trident Sports
Events**

THE START

Approximately 5 minutes before each start, riders will be invited to gather in the designated start area, near the archway.

A member of the Trident Sports Events team will provide a short safety briefing covering key route information, event procedures and any hazards identified during final route inspections.

Once instructed by the event team, riders will be released onto the course together. Please remember this is not a race.

The event takes place on open public roads and all riders must obey the Highway Code at all times.

IMPORTANT

The first few miles of any sportive often involve larger groups of riders travelling together. Please allow extra space around you, remain aware of fellow participants and avoid sudden braking, swerving or changes in direction.

If you are a stronger rider, please be patient during the opening stages of the ride until the field naturally spreads out.

Above all else, ride safely, be courteous to fellow riders and members of the public, and enjoy your day.



LOW FARM PARK

Touring & Camping



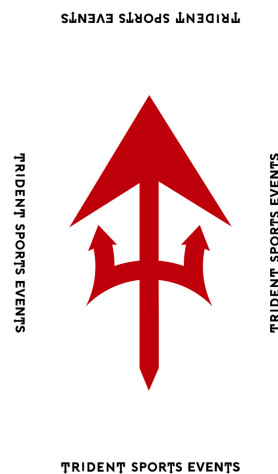
Trident Sports
Events



COURSE MARKINGS

Our bright and distinctive designs should make following the route nice and easy however we strongly advise that all riders download or print the route directions out before the event day and ensure they are familiar with the course. All routes are available for download on our website and the link to the .gpx file is below in the route details.

Our 55 and 87 milers will be following the gold and black signs (left) and the 22-mile riders will be following the red and white signs (right). At the aid station in Buckminster the 55- and 89 mile routes will split. We will have signs and marshals in the hall to ensure you go the right way however both routes will continue to follow the gold/black signs.



prepared by :
**Trident Sports
Events**



LOW FARM PARK

Touring & Camping



Trident Sports
Events

START PROCEDURE/ COURSE MARKINGS

At Trident Sports Events we do everything within reason to ensure the course is clearly marked and visible. We have a dedicated team of volunteers who will be out all-day Saturday and early Sunday morning setting up and checking all signage as well as pruning trees, bushes etc to ensure the arrows are clearly visible. However, we cannot cover the full 89 miles of routes all the time hence we encourage riders to do their part to familiarise themselves with the routes.

As mentioned earlier, we strongly advise all riders to download the 'What3Words' app onto their phone before the ride. If you do have any difficulties or get lost there is an emergency number on the front of your race number to call. We will then be able to assist you accordingly and if you can provide your location using the 3-word location it will make our response much quicker.

As riders, it is your ultimate responsibility to be aware of the route you will be undertaking.

prepared by :
**Trident Sports
Events**



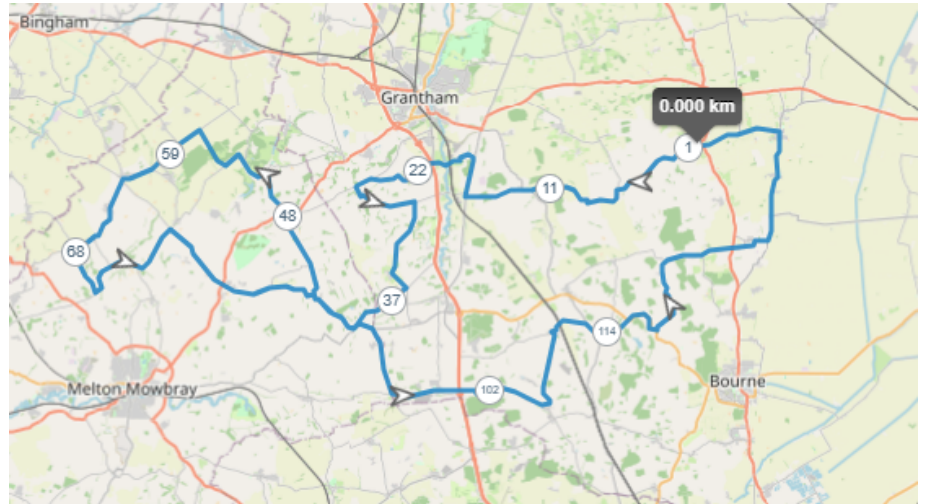
LOW FARM PARK

Touring & Camping



Trident Sports
Events

ROUTES - LONG



FINISH



Points of Notice

- As you start, you take an early left uphill, dont get caught out here in the wrong gear!
- After you pass through Boothby Pagnell you head to a righthand turn onto the B6403, please be aware visibility from the left is restricted and this is a fast section of road.
- You are on the B6403 for a short distance but the turning at Woodnook is a tight left hand at the bottom of a hill. Please slow down accordingly, there will be a warning sign.

prepared by :
**Trident Sports
Events**



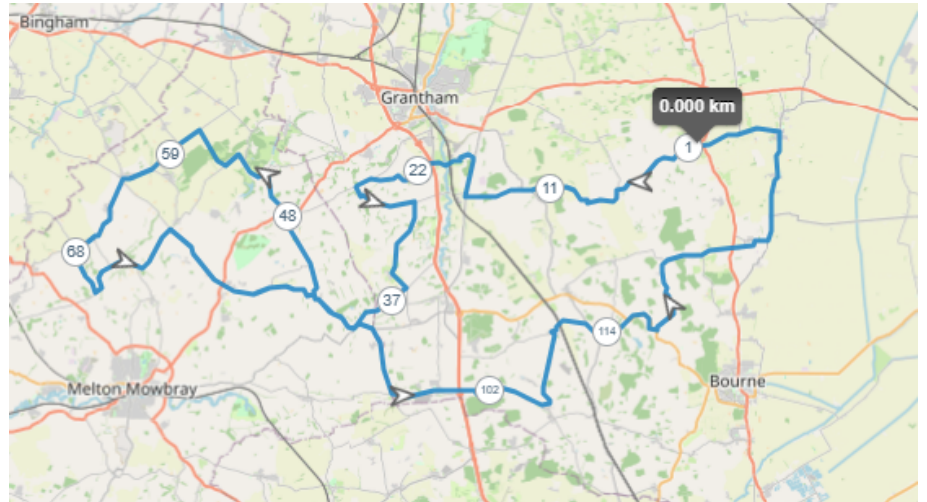
LOW FARM PARK

Touring & Camping



Trident Sports
Events

ROUTES – LONG



Points of Notice

- As you pass under the railway line shortly after turning off the B6403 the road surface is poor and broken, please ride with care.
- Just after this section you pass into Little Ponton where you pass over the A1. The junction here is on the Old Great North Road. Riders will pass straight over this junction however traffic from both the left and right is either coming off or merging onto the A1 so will be travelling at an increased speed. Please be aware and take extra care and attention.
- After passing over the A1 in about 1 mile there is some more poor surface, a warning sign will be present so be careful.
- As you head down towards Skillington there is a fast downhill with a corner at the bottom, please be aware and adjust speed accordingly. This will be marked with a caution sign.



prepared by :
**Trident Sports
Events**



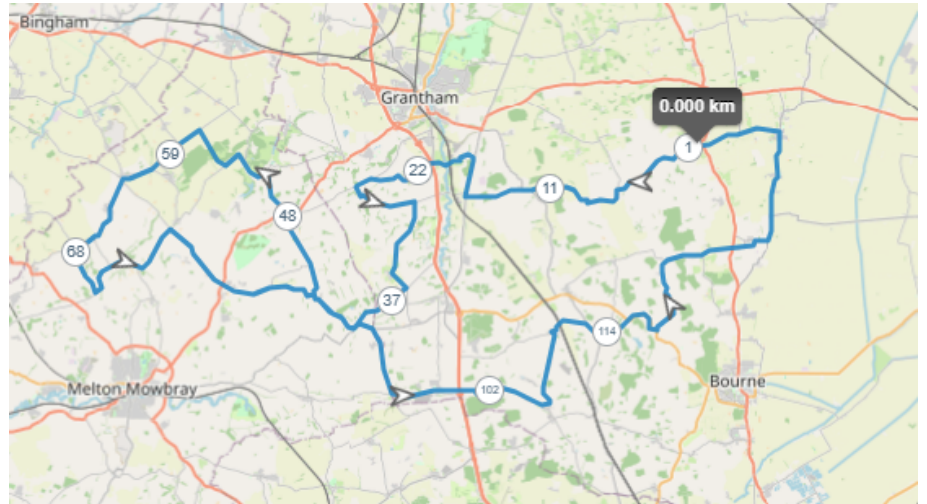
LOW FARM PARK

Touring & Camping



Trident Sports
Events

ROUTES – LONG



Points of Notice

- At the aid station in Buckminster, when you are refreshed and ready to carry on you need to turn right out of the village hall car park. This will be marshalled and signposted.
- In Croxton Kerrial you cross straight over the A607. This is a busy route, and you need to STOP and take care crossing. Visibility is good.
- After climbing over the Vale of Belvoir you will join Long Lane and head towards Harby. This is a busier road please ride accordingly. .
- On your way back towards the aid station you will come to Waltham on The Wolds where you cross the A607 again. Like in Croxton Kerrial please take care and be sure to check both directions on the crossroads.



prepared by :
**Trident Sports
Events**



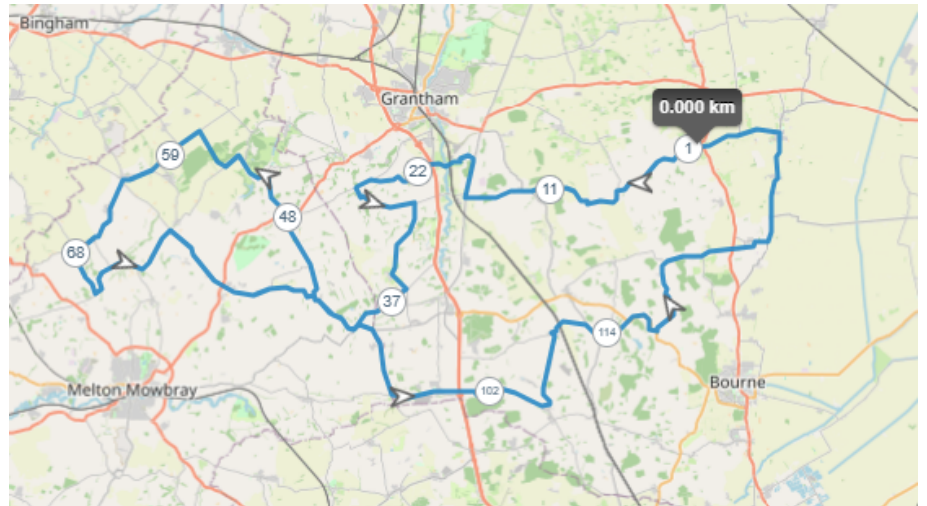
LOW FARM PARK

Touring & Camping



Trident Sports
Events

ROUTES - LONG



Points of Notice

- As you leave the aid station for the second time you will turn left this time to head towards Low Farm Park. As with the first visit there will be signs and a marshal to guide riders.
- After passing under the A1 and heading towards Castle Bytham there is a sharp left hand turn towards the bottom of a fast downhill. Please slow down for this corner. As you head out of the village, be aware there is some loose gravel.
- As you pass round Grimsthorpe you join the A151, please take care as you join this road as it will be busier than the roads you have been on. Also, as you down into Grimsthorpe there is a short sharp downhill with a sweeping left bend. Please take care and adjust your speed accordingly.
- As you head into the village of Billingborough there are often parked cars on both sides of the road making the roadway narrow and there is an increased risk of car doors opening suddenly in the middle of the road. Please apply caution.
- As you approach Folkingham, you will turn right onto the A15, please be careful at this junction this is a busy road.



prepared by :
**Trident Sports
Events**



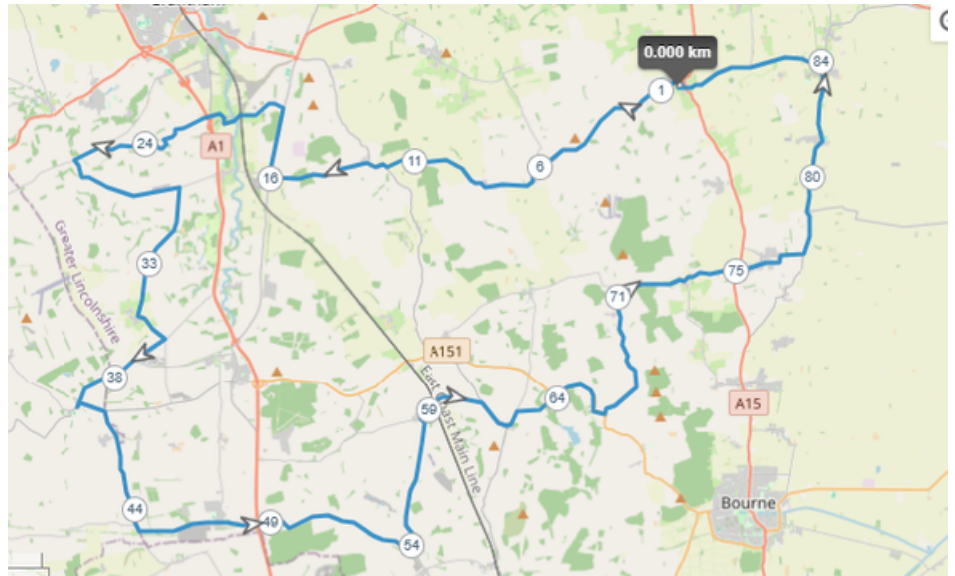
LOW FARM PARK

Touring & Camping



Trident Sports
Events

ROUTES – MEDIUM



Points of Notice

- As you start, you take an early left uphill, don't get caught out here in the wrong gear!
- After you pass through Boothby Pagnell you head to a righthand turn onto the B6403, please be aware visibility from the left is restricted and this is a fast section of road.
- You are on the B6403 for a short distance but the turning at Woodnook is a tight left hand at the bottom of a hill. Please slow down accordingly, there will be a warning sign.
- As you pass under the railway line shortly after turning off the B6403 the road surface is poor and broken, please ride with care.



prepared by :
**Trident Sports
Events**



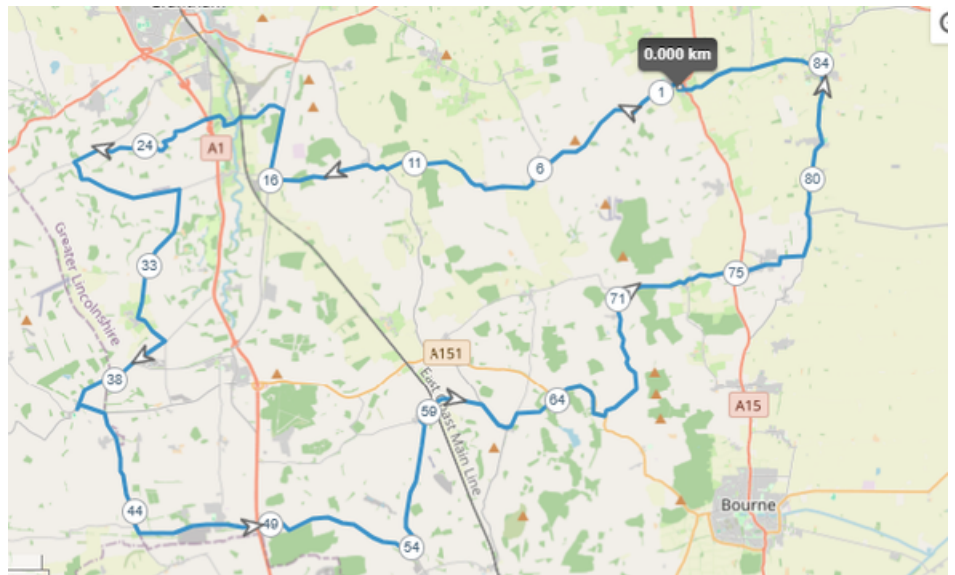
LOW FARM PARK

Touring & Camping



Trident Sports
Events

ROUTES – MEDIUM



Points of Notice

- Just after this section you pass into Little Ponton where you pass over the A1. The junction here is on the Old Great North Road. Riders will pass straight over this junction however traffic from both the left and right is either coming off or merging onto the A1 so will be travelling at an increased speed. Please be aware and take extra care and attention.
- After passing over the A1 in about 1 mile there is some more poor surface, a warning sign will be present so be careful.
- As you head down towards Skillington there is a fast downhill with a corner at the bottom, please be aware and adjust speed accordingly. This will be marked with a caution sign.
- At the aid station in Buckminster, when you are refreshed and ready to carry on you need to turn left out of the village hall car park. This will be marshalled and signposted.



prepared by :
**Trident Sports
Events**



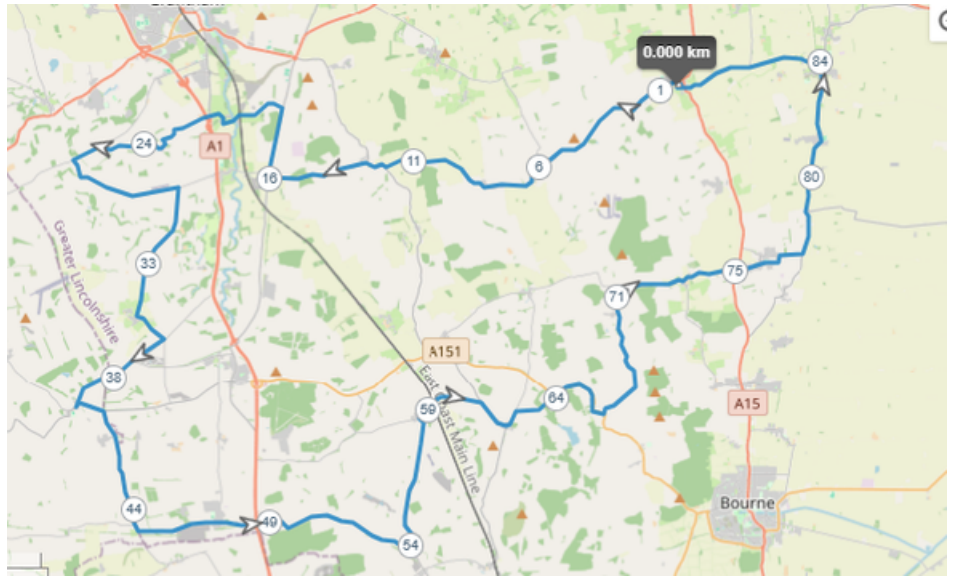
LOW FARM PARK

Touring & Camping



Trident Sports
Events

ROUTES – MEDIUM



Points of Notice

- After passing under the A1 and heading towards Castle Bytham there is a sharp left hand turn towards the bottom of a fast downhill. Please slow down for this corner. As you head out of the village there is some loose gravel be aware.
- As you pass round Grimsthorpe you join the A151, please take care as you join this road as it will be busier than the roads you have been on. Also, as you go down into Grimsthorpe there is a short sharp downhill with a sweeping left bend. Please take care and adjust your speed accordingly.
- As you head into the village of Billingborough there are often parked cars on both sides of the road making the roadway narrow and there is an increased risk of car doors opening suddenly in the middle of the road. Please apply caution.
- As you approach Folkingham, you will turn right onto the A15, please be careful at this junction this is a busy road.



prepared by :
**Trident Sports
Events**



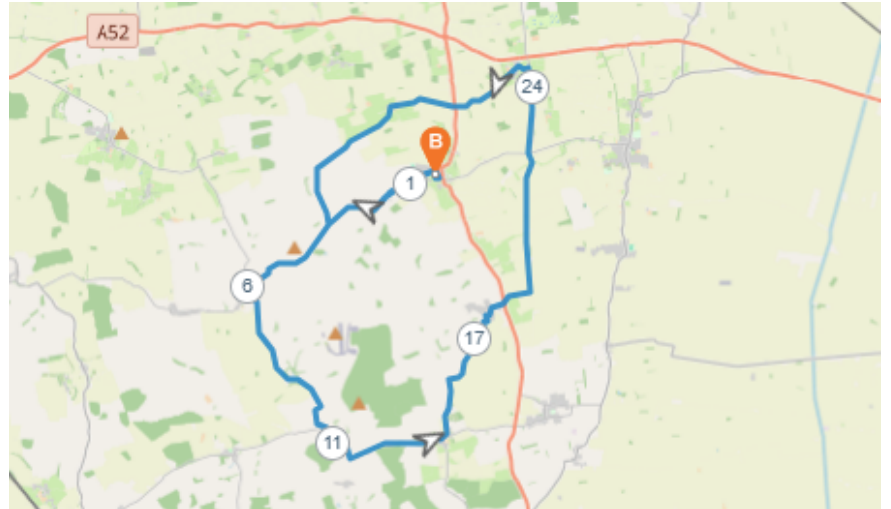
LOW FARM PARK

Touring & Camping



Trident Sports
Events

ROUTES – SHORT



Points of Notice

- As you start, you take an early left uphill, dont get caught out here in the wrong gear!
- As you turn off in Lenton this stretch is lovely and quiet but also narrow. Take care and stay alert from oncoming traffic.
- As you approach Aslackby you will need to cross the A15. This is a busy road take extra care and attention.
- For those of you joining us again you now join some of the old short course through Threekingham and into Pickworth.
- Finally, take a left hand turn and head back to Low Farm Park for that well earned hot meal.

prepared by :
**Trident Sports
Events**



LOW FARM PARK

Touring & Camping



Trident Sports
Events



prepared by :
**Trident Sports
Events**

AID STATION

Refuelling is essential to ensuring you enjoy your experience at Low Farm Park Sportive, which is why we have a carefully placed aid station on route for you to stop, refresh, refuel and use the toilet facilities if necessary. Please make sure you fill your bottles before you ride on.

Our aid station is positioned right on the medium and long routes at Buckminster Village Hall so no detours will be needed! We will have a team at the hall to welcome you and provide refreshments. Please be aware of the cut-off times for the aid station:

- **9:00 – Aid station opens**
- **11:30 – Long riders need to have headed out on the long loop before this time. If you arrive after this, you will be directed onto the medium course.**
- **15:00 – Aid station closes down.**

Along the route there are a number of shops, café's which are ideal if you feel the need for an extra top up.



LOW FARM PARK

Touring & Camping



Trident Sports
Events



prepared by :

**Trident Sports
Events**

AID STATION

We apply a strong environmental policy at all our events, and we take pride in fact we leave no trace of our events.

We must all strive to leave local communities as we found them and litter free. This is essential so our event is welcomed back in future years.

- Waste and litter must be placed in waste bins/bags provided at both the aid station and the event HQ.

DO NOT throw away empty gels or water bottles along the route. If you can carry it full you can carry it empty.

BIKE/ HELMET SPECIFICATION

When riding a Trident Sports Events Sportive any roadworthy bike is allowed, this includes e-bikes, mountain bikes, hybrid/cross bikes to name a few.

All participants must wear a recognised road cycling helmet that is in good functioning condition.



LOW FARM PARK

Touring & Camping



Trident Sports
Events



prepared by :
**Trident Sports
Events**

SELF-CARE/ MEDICAL SUPPORT

It is each rider's responsibility to come to the event with a mechanically sound bike however, we will have support available at the event HQ. We will do our best to keep all riders going throughout the day but again please ensure you come on the day on a fully serviced bike and have the appropriate skills and equipment to be self sufficient in terms of punctures and simple problems.

We have dedicated medic team at the event positioned the aid Station (Buckminster Village Hall) and we will also have first aid cover at the event HQ. They are at our event to ensure the safety of all riders doing the event, however if you find yourself in an emergency situation, please do not hesitate to ring 999 if needed.

If you need to contact our safety team, please use the emergency contact that is printed on every race number that will be affixed to your bike. For reference this number is 07815 324735.



LOW FARM PARK

Touring & Camping



Trident Sports
Events



prepared by :
**Trident Sports
Events**

SELF-CARE/ MEDICAL SUPPORT

Your safety and safety of all other riders, spectators, public etc is very important to the team at Trident Sports Events. It is essential that you ride in a safe and responsible manner to ensure we are able to host such exciting events moving forward. Here are a few elements of riding etiquette you should always follow:

- Ride on the left-hand side of the road where possible, with common courtesy and good road presence. It is the rider's responsibility to ride safely around and with others.
- Beware of all other road users at all times and exercise a level of caution whilst on the route.
- When riding in a group, please work with your fellow riders to highlight any obstacles or hazards ahead. This includes pointing out potholes or dropped water bottles to those riding behind you.
- Make sure to communicate to those around you when the route is going left or right, just in case another rider has missed the signs.



LOW FARM PARK

Touring & Camping



Trident Sports
Events



prepared by :
**Trident Sports
Events**

POST RIDE/SPECTATORS

Once you have completed your ride and arrive safely back at Low Farm Park you will be greeted back by the Trident team at the gazebo again where you will collect your hard-earned medal.

We will also have a range of Trident Merchandise available on the day to purchase if you wish. Please feel free to take as many pictures of your medals, friends, merch as needed just don't forget to tag us and use [#tridentsportsevents](#).

As mentioned earlier, you will have complimentary use of the facilities so if you want to get changed after the ride, please feel free. Your car is only a short walk back, so it's an ideal opportunity to get everything away and secure before enjoying the complimentary hot food and checking out the other stalls/cafe.

Spectators are more than welcome to attend the day; in fact, we encourage families and friends to come along. We will have a number of food/drink stalls on site (see Brand Partners).



LOW FARM PARK

Touring & Camping



Trident Sports
Events

BRAND PARTNERS



Vintage was born out of a passion of all things old and a love of entertaining, and also after my best ever impulse buy of a 1972 Ford Transit Landliner, in my favourite turquoise colour, at our local Vintage rally. Despite still being in restoration, Fanny was the inspiration to launch this fabulous unique business. A mobile Vintage Tearoom, offering all the atmosphere, style and delicious Cream Tea cakeiness you would ever need for any celebration, function, festival or event.

Our personal, friendly and adaptable approach allows you to tailor any event to your own ideas, making us perfect for Weddings, Birthdays, Christenings or any family get-togethers. We are also well equipped to cater for large events such as outdoor shows, festivals and fundraisers, without losing the intimate feel of an old tearoom.

Vintage is a family affair. We all share a love of vintage and of course, cake. We hope this passion and enthusiasm shines through in our attention to detail and quality of service.

prepared by :

**Trident Sports
Events**



LOW FARM PARK

Touring & Camping